

FINNISH FOUNDATION FOR CARDIOVASCULAR RESEARCH - Instructions for filling in application forms 2026

The grant application is completed electronically by logging into the online service on the Foundation's website www.sydantutkimussaatio.fi > Apurahat. The application must be submitted electronically by 12th January 2026 at 16.00.

The application must be accompanied by the research plan, the applicant's curriculum vitae and list of publications, and any interim or final report on the use of the previous grant. The supervisor's statement must be attached to the dissertation application via the online statement service. A commitment from the place of performance must be attached to the postdoctoral application.

See below for further details.

By submitting a grant application, applicants give their consent to the processing of their application data in accordance with the Foundation's Privacy Policy.

Application forms

Form "Hakija / Applicant". The main applicant may be one researcher. The others are members of the research team.

"Hakemus / Application form". The title of the research plan is the title that unifies the whole research plan. The title should be as short as possible and should give a clear description of the research. The abstract should be limited to a certain number of characters (2500).

Purpose: Grants can be applied for:

- 1) 1-3 year research projects
- 2) postdoctoral research abroad
- 3) postdoctoral research in Finland
- 4) doctoral research.

Details:

- 1) Funding applied for a 2- or 3-year research project can also be awarded for 1 year only. The project leader must be a researcher at the level of associate professor or professor.
- 2) Foundation wants to promote postdoctoral work abroad in particular. Applicants must have completed their doctorate within 12 years of the deadline for applications.
- 3) Applicants must have completed their doctorate within 12 years of the deadline for applications.
- 4) In the case of a doctoral thesis, the applicant must be a doctoral student.

When applying for a doctoral thesis grant, the application must be accompanied by a statement from the supervisor. The statement is issued via the online service for online statements. The thesis supervisor's statement is an important part of the application. When several applications are submitted, the referee is asked to rank them in order of preference.

A commitment from the place of performance must be attached to the postdoctoral application (2 or 3).

Tutkimusalue / Field of research: choose at least one field.

Haettavan apurahan määrä / Amount of grant requested: a detailed breakdown of the use of the grant requested is given on a separate 'Breakdown of costs' form.

"Apurahat / Grants' form". Indicate here the research grants received from the Foundation in the last 5 years, the funding requested from other sources for this research and any other research grants received by the applicant within the last 5 years.

"Kustannuserittely / The 'Breakdown of costs'" form gives a detailed breakdown of the costs of the grant to be applied for during the period for which the grant is requested. The purpose of the tax-free personal allowance (current allowances below) is to allow leave of absence and full-time research. The grant may be applied for by researchers or support staff. The overhead rate (up to 6%) should be entered on the "Hakemus/Application" form.

LK (or equivalent, incl. students) 1500 €/month

LL, FM or equivalent 2200 €/month

LT, PhD or equivalent 2400 €/month

Docent or prof. 3000 €/month

Form "Liitteet / Attachments". This should include the research plan, the applicant's curriculum vitae (CV) and list of publications, and a report on the use of the previous grant, if applicable. A commitment from the place of performance must be attached to the postdoctoral application. When applying for a doctoral thesis grant, the application must be accompanied by a statement from the supervisor. The statement is issued via the online service for online statements. See below for more detailed instructions. Note! No offprints, manuscripts or other (not requested) attachments.

"Sitoumus / Commitment form". The applicant submitting a grant application commits himself/herself if he/she is awarded a grant, to abide by the terms and conditions of the Foundation.

Activities:

Esikatsele/Tulosta hakemus: here you can preview or print the application form before you submit it, even if it is not yet ready.

Hyväksy hakemus: the application will be sent to the system.

Tallenna hakemus: the application can be saved to your own computer.

Lähetä hakemus omaan sähköpostiin: the application will be sent to the e-mail address on the User details page.

ATTACHMENTS:

Research plan

The research plan is written in Finnish, Swedish or English. It is recommended that the annex be named **Research plan Name of applicant 2026**. The research plan must be attached in pdf format to the electronic application.

The maximum length of the research plan, including bibliographical references, is 10 pages. In the case of applications for a doctoral thesis, the research plan must not exceed 6 pages (1 line spacing, Times New Roman 12 or equivalent font size).

Structuring the research plan (non-binding):

- background and relevance
- objectives of the study
- research methods and implementation
- timetable

- researchers, division of labour between the members of the research team and, if applicable, a more detailed description of the amount of time each researcher will devote to this research project
- justification of the cost estimate
- ethical issues (obligatory information, please also mention research permits)

Curriculum vitae

The maximum length of an applicant's CV is 3 pages. It is recommended that the annex be named **CV Name of applicant 2026**. The CV must be attached to the electronic application in pdf format.

List of publications

List of the applicant's publications for the last 10 years. For publications, a full bibliographical reference should be given, indicating the authors and the title and publisher of the article or publication. It is recommended that the title of the annex is '**List of publications Name of applicant 2026**'. The list of publications must be attached to the electronic application in pdf format.

Possible report on the use of the previous grant

A free-form, concise report in accordance with the instructions on the foundation's website.

A commitment from the place of performance must be attached to the postdoctoral application.

For further information please contact:

Arto Ristola, Sydäntutkimussäätiö, [firstname.lastname\(at\)sydantutkimussaatio.fi](mailto:firstname.lastname(at)sydantutkimussaatio.fi)

+358 9 752 752 34